



**INFINITE  
HERBAL  
SOLUTIONS**

Welcome  
to the  
World of  
**Health and  
Happiness**



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# Our Logo Says it All!

Lotus flower is renowned for its ability to blossom in murky waters of even the muddiest pond. They are the symbol for mankind's ability to break free and bloom from the struggles of our daily lives. Lotus also represents Prosperity and Purity



The Oval shape represents the globe.

The Green Colour reminds us that the Nature is the biggest healer.

The Golden Colour says that a good Health is the biggest wealth.

## Health

As per WHO- Health is a state of complete Physical, Mental and Social well-being and not merely the absence of disease or infirmity.

To attain physical health we need to Eat, Drink, Sleep & Exercise well and maintain proper hygiene. Balance diet and supplementation is a must in today's era as we are always exposed to various kinds of adulterations, pollutions and having foods with minimal or no nutritional values. Hurry, Worry and Curry further affect us. Many of us are so busy that despite knowing all facts we could not keep up with our bodily requirements. We all know that "Prevention is better than Cure" but we do the least to maintain ourselves in good shape. Nature is the best Doctor and to get the best of nature we need to use potent natural products having great therapeutic values. At IHS, we bring you products that is going to help you while you remain occupied with your busy schedule, we do this with the help of easy dose. However, to get the best result-our products should be used along with balance diet, healthy lifestyle and proper exercise regime.

We at IHS work hard to get the best materials and formulations that can give our customer deep satisfaction for entrusting our brand.

## Introduction

INFINITE HERBAL SOLUTIONS PVT. LTD. is formed in the year 2021, in the middle of pandemic to counter the novel challenges faced by mankind in the most holistic and natural way. We bring premium products in pocket friendly size which can give you better and faster results. Our quality products are made from the extensive range of Herbs with proven benefits. Our products are manufactured in compliance with applicable quality regulations, codes and standards. The efficacy and ease of consumption make our brand stand unique in the market.



## Why you should consider IHS ? (Our USP) :

- High Quality Premium Products
- Easy Dose with the help of High Concentration and Synergetic Herbs
- Natural & Vegan Products.
- Products range that meets daily household requirements.
- Products designed to go Global.
- Products manufactured with various quality accreditations like GMP, USFDA, ISO 9001, Halal & Kosher



# SYNERGIZED ASHWAGANDHA FORTE

Promotes Body's Resilience to Stress\*  
Promotes Overall Health and Well-Being\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Ashwagandha ( <i>Withania somnifera</i> ) root extract (10:1)	400mg	†
Yastimadhu ( <i>Glycyrrhiza glabra</i> ) root extract (10:1)	40mg	†
Shatavari ( <i>Asparagus racemosus</i> ) root extract (10:1)	20mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

- Ashwagandha forte is prepared for protecting your body from the onslaught of mental, emotional, physical, and environmental stresses, anxiety, and depression.
- Synergized Ashwagandha Forte is a unique combination of standardized extracts of the most effective adaptogenic and anti-inflammatory herbs, Ashwagandha (*Withaniasomnifera* roots) and Yastimadhu( Liquorice, *Glycyrrhiza glabra*) and Shatavari.
  - Synergized Ashwagandha forte may help you face stressful circumstances smilingly by strengthening and fortifying your mind and body. It nourishes the nerves and improves nerve function, thus used by Vaidya's in their clinical practice in stressful situations, especially

insomnia, overwork, nervousness, and restlessness. Scientific researches have shown that Ashwagandha optimizes mental and psychomotor performance by easing the mental stress bundle. It also alleviates a reactive type of depression. It helps middle-aged men and women handle midlife stress caused by poor lifestyle choices and women experiencing menopausal symptoms, respectively.

- According to Ayurvedic treatises, Ashwagandha, a powerful Rasayana (Longevity enhancer), balances Prana Vata (the mind-body operator concerned with brain activity, energy, and the mind) and Licorice balances Sadhaka Pitta (the mind-body operator concerned with the emotions and functioning of the heart).
- Due to its muscle strengthening and anti-inflammatory properties, it is also helpful in treating uterine and menstrual conditions involving the muscles, such as menstrual cramps, joints problems and weakness of muscles. It is a potent phytonutrient for joints and muscles and helps clear impurities (Ama) from various body channels. Due to these effects, it is considered the best supplement for joints health. Further, one of its active phytochemical choline helps dissolve LDL and cholesterol; thus, it may be effectively used in cardiac problems. It is a powerful antioxidant and efficiently scavenges free radicals implicated in aging and other degenerative diseases. These facts suggest that Ashwagandha has multiple nonspecific actions that counteract the effects of Stress and Aging.

## Benefits

- Promotes body's resilience to stress.
- Promotes repairing, increases muscle mass and strength.
- Aphrodisiac: Ashwagandha is known to enhance the sex lives of men since the time of Kama Sutra. Ashwagandha is safe and is powerful.
- Anti-stress, Anti Inflammatory.
- Immunostimulant: Ashwagandha promotes the body's defense against disease by improving the cell-mediated immunity.
- Neuroprotective: It promotes the function of the brain, nervous system and improves the memory. It also possesses potent antioxidant properties that help protect against cellular damage caused by free radicals.
- May also act as Cardiotonic.
- Promotes good sleep.
- It promotes the function of the reproductive system and a healthy sexual life.
- Supports Longevity.



## SYNERGIZED ARJUNA FORTE

Maintains Already Healthy Levels of Cholesterol\*



### Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Arjuna ( Terminalia arjuna ) bark extract (10:1)	<b>380mg</b>	†
Mahua ( Madhuka indica ) flower extract (10:1)	<b>32mg</b>	†
Grape ( Vitis vinifera ) seed extract [std.to 90% polyphenols]	<b>18mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Description

- Synergized Arjuna forte is a unique ayurvedic dietary supplement specially formulated for those concerned about the health of their heart and suffering from cardiac problems. It is a synergistic formulation of Arjuna, grape polyphenols, and Madhuka indica. Studies showed that Arjuna might help improve cardiac muscle function and subsequently improve pumping activity of the heart.
- Arjuna bark is helpful as an anti-ischemic and cardioprotective agent in hypertension and ischemic heart disease. Studies conducted on animals and clinical trials showed that Arjuna bark and grapes extracts reduce the level of triglycerides, cholesterol, coagulation, bleeding, prothrombin time, modulate coronary risk factors and inhibit the oxidation of LDL. In addition, grapes polyphenols manage cardiovascular health due to their potent antioxidant effect

and ability to significantly inhibit LDL (low-density lipoprotein) oxidation, reducing oxidative stress and blocking the formation of free radicals.



### Benefits

- **Healthy Heart:** Arjuna, is potent in strengthening the cardiac muscles, improving the circulation of coronary artery blood flow and prevents the heart muscle from ischemic damage.
- **Anti-Inflammatory:** Arjuna helps to fight chronic inflammation and boost overall health and well-being. The strong anti-inflammatory properties and anti-oxidants present in Arjuna shield the body against the harmful effects of toxins.
- **Regulates Blood Sugar:** Plant compounds tannins, saponins and flavonoids present in Arjuna tree helps in glucose metabolism and controls the sudden spike in the blood glucose level.
- **Heals Wounds:** Tannins presence in Arjuna helps in reducing the size of the wound and repairs the wounds at a faster rate by speeding the collagen production.
- **Controls Blood Pressure:** Arjuna helps to dilate and relax the blood vessels which in turn helps to maintain blood pressure at normal range.



## SYNERGIZED BRAHMI FORTE

Calming and Nurturing Adaptogen\*



### Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving		% Daily Values
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Brahmi ( Bacopa monnieri ) whole herb extract [std.to 20% saponins]	440mg	†
Sea buckthorn (Hippophaes rhamnoides) (leaf and fruit) extract (10:1)	40mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Description

Synergized Brahmi Forte is a combination of standardized extracts of herbs, being used in Ayurveda since ancient times for a Healthy mind, to coordinate mental functions such as Memory, Concentration and Learning. It has a rejuvenating effect on the entire nervous system and also helps combat stress and mental trauma.

In this formulation, Brahmi is processed with Sea Buckthorn, known for improving mental strengths. The primary ingredient Brahmi (Bacopa monnieri) is used as MedhyaRasayana (Enhance Mind Power). It enhances memory development, learning and concentration and relieves patients with anxiety, nervous system disorders such as epilepsy, neuralgia, mental illness, Alzheimer's disease and revitalizes the sensory organs.

Russian cosmonauts were also supplied with Sea Buckthorn to enhance their health and resistance to stress. Research studies have reported that the extract of Sea buckthorn showed significant anxiolytic, anti-stress activity. It is a natural psychotherapeutic agent against depression. Synergized Brahmi Forte Capsules combat oxidative stress in the brain\*.

### Benefits

- Improves memory, learning, and concentration.
- Provides antioxidant support to the brain.
- Coordinates all functions of the mind.
- Enhances psycho-neuro immune response.
- Removes toxins from the brain.
- Anti-anxiety.
- Antidepressant.
- Antiepileptic.
- Aphrodisiac.





# SYNERGIZED GILOY FORTE

Boosts Immunity\*  
Purifies Cells\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving	% Daily Values	
Giloy ( <i>Tinospora cordifolia</i> ) stem extract [10:1]	<b>370mg</b>	†
Giloy ( <i>Tinospora cordifolia</i> ) satva	<b>62mg</b>	†
Nimb ( <i>Azadirachta indica</i> ) leaf extract (10:1)	<b>18mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Synergized Giloy Forte is prepared to support the immune system's normal function. Scientific research suggest that Giloy helps increase the effectiveness of the protective white blood cells and builds up the body's own defense mechanism.

In Ayurveda, it eliminates internal and external toxins and, as Rasayana-rejuvenates The health benefits of *Tinospora cordifolia*, colloquially described as Giloy, Guduchi, or Amrita, have been described in ancient textbooks of Ayurveda, including Sushrut Samhita and Charak Samhita. Giloy shows beneficial effects due to its various nutritious compounds. It possesses a bitter, pungent, and astringent taste. The bitter taste improves metabolic activity, even at a cellular level. It also helps the cell repair and rejuvenation process. It provides longevity, proper development, and increased

fecundity and stress tolerance. Giloy has effects on humoral immunity, cellular immunity and nonspecific immunity. It is a Madhya Rasayana herb means it helps maintain the healthy functioning of the mind. It is one of the essential ingredients of traditional formulations suggested for maintaining already healthy blood glucose levels. Studies have shown that it possesses a wide spectrum of activities, including antidiabetic antioxidation, anti-inflammation, antimicrobial, antiosteoporosis. It is also documented to treat gastrointestinal diseases, including dyspepsia, flatulence, gastritis, jaundice, diarrhea, splenomegaly, and hemorrhoids. Traditional healers use it to treat colds, headaches, pharyngitis, fever, oral ulcer.

Giloy and neem leaf enhance macrophages and neutrophils' phagocytic and intracellular bactericidal activities against bacterial infections. Neem leaf potentiates the health benefits of Giloy.

## Benefits

- **Healthy Immunity:** Giloy's anti-inflammatory, antioxidant, and antimicrobial actions supports healthy immunity and helps in fighting against the infection in mucous membrane of our respiratory system.
- **Helps in Blood Purification:** As a blood purifier it removes toxin from the body, stimulates liver and spleen to remove defective and damaged RBCs from peripheral blood circulation.
- **The anti-allergic, anti-viral, anti- bacterial properties** helps in controlling cold, cough, fever and allergies.
- **Aid in combating Urinary Tract Infections.**
- **Eases Chronic Skin Problems** like eczema and psoriasis and reduces symptoms related to it like itchiness.
- **Maintains healthy cognitive functions**



# SYNERGIZED GOKHSHURA FORTE

Improves Vitality\*  
Renal Comfort\*



## Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving	% Daily Values	
Gokshuru (Tribulus terrestris) seed extract [std.40 % saponins]	400mg	†
Shatawari (Asparagus racemosus ) root extract (10:1)	50mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

Synergized Gokhshuru Forte is a unique formulation containing standardized saponins-rich extracts of Tribulus terrestris( fruits ) balanced with the extracts of Shatawari.

Tribulus has traditionally been used to increase libido, virility, fertility and stamina, general well-being, and act as mood enhancer. It may help to stimulate sexual prowess by relaxing smooth muscles, dilating blood vessels, and slightly elevating testosterone levels.

Synergized Gokhshuru Forte is also a unique health supplement for kidney and Urinary Tract problems. It may help decrease kidney functional

disturbance, oxidative stress and cellular damages. Tribulus was also found to improve the sexual health of women, elevate sex hormone profile (increases in estradiol levels), mood and ovulation effects, and reduce menopausal symptoms. It may provide pleasure, bolsters self-esteem and allows one to foster intimacy by improving sexual health.

European athletes have used Tribulus extracts as a natural aid to enhance strength and stamina. Tribulus (Gokhshuru) is an anabolic herb; saponins of Tribulus may mimic or be converted in the body into anabolic steroids, used mainly by bodybuilding and weightlifting communities. Gokhshuru, along with Shatawari, boosts immunity, improves sexual and physical health. In Ayurveda, Tribulus and Shatawari are highly recommended for improving the health of the urinary tract\*s multiple nonspecific actions that counteract the effects of Stress and Aging.

## Benefits

- Promotes Sexual Health and Stamina.
- Relieves Urinary Disorder.
- Improves Kidney function.
- Boost libido in men and women.
- Helps in improving exercise performance, recovery and increase muscle mass.
- Helps in renal and prostate glands comfort.



## SYNERGIZED SAFED MUSLI FORTE

Supports Vigour, Vitality and Stamina\*



### Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Safed Musli (Chlorophytum borivilianum) root extract (10:1)	250mg	†
Grape ( Vitis vinifera) seed extract [std.to 90% polyphenols]	50mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Details

Synergized Safed Musli is a unique dietary supplement containing Safed Musli extracts (Chlorophytum borivilianum ) fortified with antioxidant phytonutrients Grape seed polyphenols.

Ancient Indian texts such as Bhavaprakashnighantu, RasendraSarsangrah, Raja Ballabh Nighantu prominently mentioned Safed musli as a Rasayana herb for both men and women. Thus, in Ayurveda, it is used for rejuvenation and maintenance and promotion of overall health. It is also used for athletic performance.

Safed musli provides the body nutrition at all levels, from macro to micro-cellular levels. It addresses debility caused by advanced age by replenishing the vital fluids of

the body. It helps maintain body tissues, boosts immunity and Ojas -an elemental force of life. Rasayana herbs show vayasthapana effects and are valuable for geriatric care. Safed musli's nutrients provide longevity, promote mental and intellectual fitness, and maintain already healthy sense organs. It balances all three bodily humors (Vata, Pitta, and Kapha). In Ayurveda, Siddha, and Unani system of medicine, it is mentioned as Bajikaran (Aphrodisiac) and to improve quantity and quality of reproductive fluids, stamina and performance.

Safed musli is a galactagogue herb means it enhances lactation. Safed Musli has a stimulatory effect on the skin, thus increasing luster and improving the body complexion and glow. It activates specific metabolic pathways and reactions to ensure the moisture content in their skin is balanced.

Grape seed polyphenols potentiate the health benefits of Safed musli by controlling oxidative stress. Safed musli and Grape polyphenols also help maintain already healthy levels of cholesterol and triglycerides.

### Benefits

- Boosts libido and Improves Sexual Health of Both Men and Women.
- Helps to Boost Female Reproductive Hormones.
- Combat Anxiety and Depression: The herb normalizes the vata and pitta doshas in the body which in turn keeps the serotonin hormone level in control which helps in remedying psychotic problems like depression, dementia, uneasiness, restlessness, cold hands and feet etc.
- Muscle Building: The abundance of healthful nutrients present in Safed musli, it is an appropriate choice for providing nourishment and building muscle mass by improving the level of growth hormone in exercise-trained people.





# SYNERGIZED SHATAVARI FORTE

For Overall Health of Women\*  
Balances Hormones\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Shatavari ( Asparagus racemosus) root extract (10:1)	400mg	†
Amalki ( Embilica officinalis ) fruit extracts (10:1)	40mg	†
Jeewanti ( Leptidientia reticulata ) whole herb extract (10:1)	10mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

If you're stressed, lacking sexual desire due to waning hormones, thinking about becoming pregnant or are in the early stages of pregnancy, or a lactating mother, make Synergized Shatavari Forte your herbal supplement.

Shatavari, the main ingredient of Synergized Shatavari Forte, increases Sattwa, or positivity and healing power. It also enhances the feeling of spiritual love and increases Ojas, the master coordinator between body and consciousness. It helps the mind and body adapt better to stress, build general immunity, control acidity, heal duodenal and peptic ulcers and stomach troubles. It may also be helpful for PMS-related water retention. In addition, asparagus racemosus causes an inhibitory effect on the release

of gastric hydrochloric acid and protects gastric mucosal damage.

Shatavari (Asparagus racemosus) is a powerful Rasayan for women; that is, it acts as an overall tonic for greater vitality, rejuvenation, and longevity. In Ayurveda, it is categorized as Rasayan, Vayasthapnana, stanya, balya, and medhya. It has been prized in Ayurveda as 'Queen of all Herbs' for female reproductive and sexual health, as it significantly improves the quality and quantity of reproductive fluids (Shukra dhatu). It is also used to nurture mother milk during lactation. Shatavari supports all the metabolic processes (Agnis) to create good quality in all seven categories of bodily tissues (Dhatus); thus, having a precious and sought after Vayasthpna effect (helps retard the aging process). It balances all the three doshas (Vata, Pitta, and Kapha), especially Pitta and Vata. In Ayurveda, it is also considered medhyarasyan, an herb that enhances all three aspects of intellect (Dhi-comprehension, Dhriti-memory, Smriti-recollection).act\*s multiple nonspecific actions that counteract the effects of Stress and Aging.

## Benefits

- It has a serious knack for boosting libido, regulating hormones and managing stress.
- Manage Premenstrual Syndrome (PMS): The vata and pita balancing properties of Shatavari helps to reduce the symptoms of PMS as the herb acts as a hormonal harmonizer.
- Shatavari may improve female reproductive health complications including hormonal imbalance, Polycystic Ovarian Syndrome (PCOS), follicular growth and development, oocyte quality and infertility possibly by reducing oxidative stress level and increasing antioxidants level in the body.
- Shatavri is beneficial to nurture mother's milk during lactation.
- Effectively helps in gastrointestinal problems.
- Acts as an Immunomodulator.



# SYNERGIZED TRIPHALA FORTE

Supports Gut Health\*  
Balances Gut Microflora\*



## Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving	% Daily Values	
Triphala (Terminalia chebula, bellirica and Emblica officinalis in equivalent proportion) fruit extract (10:1)	<b>380mg</b>	†
Shatavari (Asparagus racemosus) root extract (10:1)	<b>26mg</b>	†
Yastimadhu (Glycyrrhiza glabra) root extract (10:1)	<b>24mg</b>	†
Bhringraj (Eclipta alba) whole herb extract (10:1)	<b>20mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Synergized Triphala Forte is a safe and effective natural laxative formulation containing Triphala extracts (Harad, Baheda, and Amalaki in equitable proportion) Yastimadhu, Shatavari and Bhringaraj. These herbs help regulate the processes of digestion & elimination, cleanse blood & tissues and sharpen senses. Furthermore, Triphala, Yastimadhu, Shatavari and Bhringaraj modulate the human gut microbiome, promoting beneficial Bifidobacteria and Lactobacillus while inhibiting the growth of undesirable gut microbe. In addition, Triphala balances Apana Vata, the sub dosha of Vata that governs the colon, lower abdomen, menstrual flow, and elimination.

According to the Ayurvedic treatises, Triphala imparts the malashodhana effect, i.e., it removes the mala and ama (toxic wastes) arising out of poor digestion.

Triphala also acts as a powerful Rasayana (improve general health and prolong life). Synergized Triphala Forte will prove helpful in all kinds of constipation. Scientific research studies and practical experience of people using it down through the ages have demonstrated that Triphala not only purifies blood, detoxifies the liver, helps digestion and assimilation but significantly reduces serum cholesterol and lipid levels throughout the body. Because it detoxifies the blood, muscle, and fat tissues, it is excellent for preventing skin disease; As a result, it is used throughout the world and is the most widely used herbal formula. Regardless of any other laxative formulation, it can be prescribed singly or adjunctively whenever there are symptoms of inflammation, heat, infection, obesity.

For most people, Triphala is a mild laxative, and for that reason, it is excellent for clearing toxins from the digestive system; however, it is highly cathartic. In Synergized Triphala forte, the cathartic action of Triphala is smoothened by soothing and demulcent herb Yastimadhu. It has a long history of use for soothing inflamed and injured mucous membranes in the digestive tract.

Triphala also purifies the urine and prevents urinary tract disease. In addition, it enhances all thirteen agnis (digestive fires), especially the primary digestive fire in the stomach.

Amla (Emblca Officinalis), the richest source of Vitamin C and rejuvenates the body, balances all three doshas mainly, Pitta (i.e., inflammation).

Haritaki (Terminalia chebula) - helps in bowel movement.

Bahera (Terminalia bellerica) purifies and balances excess mucus, treats asthma, bronchiole conditions, allergies, and hiccoughs.

Yastimadhu (Glycyrrhiza glabra) is often used as a demulcent, mild laxative, and anti-inflammatory. In addition, it is frequently used for hyperacidity, ulcerative conditions, and compromised mucous membranes.

Bhringaraj (Eclipta alba) calms disturbances in the stomach, namely indigestion or constipation. In addition, Bhringaraj offers protection to the liver from harmful chemicals that can damage it.

Shatavari (Asparagus racemosus) is an excellent gut cleanser. It detoxifies the intestines and promotes the activity of digestive enzymes of the body. As a result, it helps digest fats and carbohydrates in the body.

## Benefits

- Triphla imparts malashodhana effect i.e., it removes the mala and ama (toxic wastes) arising out of poor digestion.
- Used as nutritional supplement for eye health, especially blurred vision, progressive myopia, early stages of glaucoma and cataracts.
- Acts as a powerful Rasayana to improve general health and prolong life.
- Helps in blood purification, liver detoxification, digestion & assimilation, reducing serum cholesterol and lipid levels throughout the body.
- Excellent for preventing skin diseases as Triphla detoxifies the blood, muscle and fat tissues.
- Helps in improving liver function.





# SYNERGIZED SHALLAKI FORTE

Promotes Joint Comfort\*  
Promotes Healthy Joint Function and Mobility\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving	% Daily Values	
Shallaki ( Boswellia serrata ) Gum resin extract (std. to 40 % boswellic acids)	<b>310mg</b>	†
Ashwagandha (Withania somnifera) root extract ( 10:1)	<b>25mg</b>	†
Malkanguni (Celastrus paniculata) seed extract ( 10:1)	<b>25mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Synergized Shallaki Forte Capsule is a unique preparation containing extracts of herbs reputed in Ayurveda for easing joint pain. It helps body provide greater control of osteoarthritis (OA) or rheumatoid arthritis (RA) joint pain.

Its primary ingredient Boswellia serrata lessen joint pain, stiffness, and swelling associated with RA. Boswellic acid, the major constituent of Boswellia, is thought to contribute to most of the herb's pharmacological activities. Other ingredients of this formulation such as Ashwagandha, and Malkanguni reduce joint inflammations by acting on the immune system. Further herbs such Ashwagandha, clears Ama, toxins which gets harboured in joints and acts as a foreign substance and triggers the immune system.

These Phyto-nutrients support the body's healthy inflammation response to support

joint health and endorse strong joint cartilage at the same time. As a result, we've formulated our best-in-class supplement for joint health support and soothing freedom of movement by combining all three.

## Benefits

- Encourages comfortable joint function and healthy joint tissue growth.
- Helps lubricate & cushion sensitive joint cartilage
- Shallaki has potent anti-inflammatory properties. It helps in preventing swelling at joints and breakdown of cartilage, and thus helpful in Osteoarthritis & Rheumatoid Arthritis.
- Promotes Natural healing.
- Healthy Skin: Boswellia reduces damage and destruction of connective tissues which aids in maintaining healthy skin and prevents onset of wrinkles.





## SYNERGIZED JAMUN FORTE

Maintains Already Healthy Blood Glucose Levels\*



### Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving	% Daily Values	
Jamun(Syzygium jambolana) seed extract (10:1)	422mg	
Sea buckthorn (Hippophaes rhamnoides) (leaf and fruit) extract [10:1]	24mg	†
Giloy (Tinospora cordifolia) stem extract [10:1]	24mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Description

As per Ayurveda Jamun is a highly nutritious, refreshing and succulent fruit. This fruit holds a great significance in holistic treatments. It is an excellent source of vitamin C, carbohydrates, protein, iron, magnesium, potassium and few phytochemicals. The fruit is diuretic, anti-scorbutic and carminative in properties and is a rich source of polyphenolic compounds. The diuretic effects of jamun flashes toxins out of the kidneys, while the high fibre content aids in digestion and prevents nausea and vomiting.

Its primary ingredient, Jamun seed (Eugenia jambolana), has a regenerative effect on pancreatic beta cells and increases insulin

secretion. Jamun seeds extract contains a nutrient called jamboline that inhibits the transformation of starch into sugar in cases of elevated blood sugar levels.

One of the secondary ingredients of Synergized Jamun Forte, Giloy (Tinospora cordifolia), a rejuvenating and immunity booster herb, is frequently used in Ayurveda in degenerative diseases. In addition, Jamun and Giloy may help strengthen the liver and flush out toxins

### Benefits

- The seeds of the Jamun fruit have active ingredients called jamboline and jambosine that slows down the rate of sugar released into blood and increases the insulin levels in the body.
- High amount of potassium may help in preventing hardening of arteries which leads to atherosclerosis, reduces the various symptoms of high blood pressure thereby helpful in preventing hypertension and heart issues.
- Jamun showcases strong aphrodisiac properties that not only helps in reducing mental stress and anxiety but also stimulates the production of testosterone.
- Oral Hygiene: Anti-bacterial properties help strengthening teeth and gums. The fruit and leaves possess strong astringent properties, making it highly effective against throat problems and in eliminating bad breath.
- Being low on calories and high on fibre makes Jamun an ideal fruit in all weight loss diets and recipes. It improves digestion and minimizes water retention boosting body metabolism, satiating hunger and gives you a feeling of fullness.
- Radiant Skin: Jamun detoxifies and purifies blood and makes your skin glow from inside. The high index of Vitamin C blesses you with a blemish free radiant skin.
- Shield against Infection: The anti-viral, anti-bacterial, and antifungal properties aids in removing bacteria or germs from the body.



# SYNERGIZED SHILAJIT FORTE



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Shilajit (Asphaltum punjabianum ) extract (10:1)	260mg	†
Grape (Vitis vinifera) seed extract [std. to 90% polyphenols]	50mg	†
Sea buckthorn (Hippophae rhamnoides) fruit extract (10:1)	40mg	†
Ashwagandha (Withania somnifera) root extracts (10:1)	40 mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Shilajit known as the Conqueror of Mountains and Destroyer of Weakness has amazing healing effects on the physical body, mental health, increased muscle and bone strength and the potential of increased longevity. It contains 85 natural ionic minerals as well as fulvic acid, humic acid and phytonutrients. Ayurvedic treatises highly recommend it during degenerative diseases such as heart diseases, diabetes, premature aging, skin aging, prostate, and joint problems. Shilajit provides essential minerals necessary for maintaining optimum health, rejuvenation vigor, and vitality.

Synergized Shilajit Forte is prepared by processing Shilajit extract (Mineral Pitch or Asphaltum) with the juices of antioxidant and rejuvenating herbs. Giloy satva, Sea buckthorn and Grapeseed polyphenols synergistically boost immunity and cleanse

cells, blood and vital organs. Together they scavenge reactive oxygen species and work as super antioxidants and bioavailability enhancers. The Fulvic acid present in Shilajit is required to dilate the cell walls and transport the minerals deep into the cells, it helps our body to absorb the minerals and vitamins which in turn nourishes our tissues and make us energetic both physically and mentally. It effectively prolongs cell life and keep it healthy for a very long time.

It supports all metabolic processes (Agnis) and improves all seven categories of tissues (Dhatu). Its traditional use as an aphrodisiac for both men and women is validated by research studies.

## Benefits

- Anti-Ageing: The fulvic acid acts as an antioxidant and anti-inflammatory compound that reduces free radicals in the body and cellular damage.
- Helps in proper absorption and digestion of food.
- Helps in energy production by travelling in deep tissues of your body, healing fractures and reducing recovery time for injured muscles.
- Shilajit has high levels of humic acid and iron which might help in treating anemia.
- Helps both men and women to increase their vitality and sexual vigor. It may also increase the sperm count and sperm motility thus is a safe supplement for male fertility.
- Helps maintain cardiac health.
- Helps to reduce the symptoms of CFS (chronic fatigue syndrome).
- Helps maintain a healthy urinary tract and prevent UTIs.



# SYNERGIZED AMALKI FORTE

Provides Antioxidant Support\*  
Purifies Toxins\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Amalki (Embilica officinalis) extract (10:1)	432mg	†
Grape ( Vitis vinifera) seed extract(std.to 90% polyphenols)	20mg	†
Pippali( Piper longum) fruit extract (10:1 )	18mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

Amla or Indian gooseberry is one of the richest sources of Vitamin C. It is nourishing for metabolic transformations, eyes, heart, digestion and assimilation. It has antioxidant and anti-ageing properties. It is also a rich source of Vitamin A, Vitamin E, Iron and Calcium. It aids nervous and circulatory systems as well as moisture balance in the skin.

Amla/Amalki is highly recommended for sportsman, dancers and for those who are doing vigorous physical exercise since it promotes strength and lean muscle mass. It also enhances the bioavailability and absorption of calcium thus is used as a dietary supplement for healthy bones, teeth, hair and nails.

It balances all the three laws of physiology (Vata, Pitta, and Kapha) and possesses a rare quality of five of the six tastes. Synergized Amalki possesses enriched antioxidant and rejuvenating effects of Amalaki with the extracts of Pippali and Polyphenols-rich extracts of grapes. Amalki's hair, bones, nails and skin-strengthening effects are further potentiated by pippali and grape polyphenols.\*

## Benefits

- Boosts Digestive system.
- Helpful in viral and bacterial attacks like cold, cough, dengue fever and viruses, etc.
- Helps improve Eyesight.
- Helps in burning Fat.
- Helps in maintaining Better Immunity.
- Helps improve skin, hair, bones and nails.





# SYNERGIZED ALOE VERA FORTE

Supports Digestive Health\*  
Boosts Immunity\*

## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Kumari ( Aloe vera) pulp extract (200:1)	<b>370mg</b>	†
Giloy (Tinospora cordifolia ) satva	<b>18mg</b>	†
Triphala (Terminalia chebula, Terminalia bellirica and Emblica officinalis in equivalent proportion ) fruit extract (10:1)	<b>18mg</b>	†
Trikatu (Dry Ginger, Black Pepper and Piper Longum in equivalent proportion) extract (10:1)	<b>14mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Synergized Aloe vera Forte is a unique blend of Aloe Vera and trusted ayurvedic formulas like Triphala and Trikatu that help improve digestion, assimilation and bioavailability. Its principal ingredient Aloe Vera Gel Spray Dried Powder 200:1 (100% Solids of Aloe), is rich in Polysaccharides and all the nutrients & bioactive components of this miracle plant. It contains over 200 biologically-active ingredients, including phytonutrients, essential amino acids, lipids/healthy fats, vitamins, minerals, trace minerals, electrolytes, and enzymes that help keep your body nourished. Some in-vitro, in vivo, and clinical studies, showed that Aloe vera increases the bioavailability of vitamins, minerals, herbs, and medicines. For example, Aloe improves the absorption of both vitamins C and E and complements these vitamins. In addition, Aloe Vera plays a significant role in protection from oxidative stress and acts as an intracellular antioxidant and free radical scavenger. The natural substances available in Aloe vera support a healthy metabolism, provide

antioxidant support, checks inflammation and help stimulate the white blood cells in your body that act as your natural defense system against stressors like seasonal allergies. Aloe vera helps reduce the toxins from the body and assist in the elimination of waste that can slow down the cellular process and inhibit nutrient absorption. It clears built-up toxins (like lactic acid) from muscles and circulates oxygen to help muscles and joints recuperate from the stress of working out.

Research studies showed that polysaccharides from Aloe boost the growth of beneficial gut bacteria such as Bifidobacterium spp. and Lactobacillus spp, helping maintain a healthy intestinal pH while promoting a friendly environment for probiotics in the digestive tract. These polysaccharides also modulate immune function through macrophage activation and cytokine production. The polysaccharides found in Aloe not only help to reduce high levels of toxins but, by doing so, assist in increasing nutrient absorption by transporting nutrients from your foods and supplements to the body.

Aloe vera provides nineteen of the twenty-two amino acids the body needs, seven of which are essential and not synthesized by our body, so we must resort to external inputs. They are critical because, when combined, they are necessary for life. Also serve, among other functions, of raw material in the production of other cellular products, such as hormones and pigments. Both essential and nonessential amino acids, involved in the formation of neurotransmitters enzymes (chemical messengers), antibodies, and nutrient transporters. Similar in structure to human cholesterol, phytosterols of Aloe compete with cholesterol for absorption; as a result, the dangerous LDL cholesterol will pass out of the body without doing damage. In addition, with time, our body would produce less LDL cholesterol so that the levels will drop.

## Benefits

- Helps to boost the immune system, reduces joint pain, delays the aging process and promotes hair growth.
- Helps in lowering cholesterol and triglycerides, improves cardiovascular function.
- Helps cut down overeating and may be useful in effective weight management in men and women.
- Aloe Vera also support blood sugar levels, support kidney health, aid digestion and also serves as an anti-inflammatory.
- Helps the damaged hair by providing nourishment to the hair roots and scalp, keeps skin hydrated and gives you glowing skin.
- Aloe Vera supports healthy digestion by providing a soothing effect to the gastrointestinal tract and the stomach.
- Helps the damaged hair and may help to solve the hair fall problems by providing nourishment to the hair roots.
- Aloe vera helps removes dark pigmentation, aid wound healing and improves skin health.





# SYNERGIZED GUGGULU FORTE

Detox Body\*

Maintains Already Healthy Lipids Levels\*



## Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving	% Daily Values	
Guggulu (Commiphora wightii) gum resin (10:1)	282mg	†
Triphala (Terminalia chebula, Terminalia bellirica and Emblica officinalis in equivalent proportion ) fruit extract (10:1)	30mg	†
Trikatu ( Dry Ginger, Black Pepper and Piper Longum in equivalent proportion) extract	14mg	†
Giloy ( Tinospora cordifolia) stem extract (10:1)	14mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

Synergized Guggulu Forte helps support overall circulatory health and its antioxidant compounds prevent the heart from free radical damage.

Guggulu resin has been used since the Vedic ages by Ayurvedic physicians for improving Bodys' innate ability to metabolize fat. It helps break down fatty foods and flushes bad cholesterol out of the system. In Ayurveda,

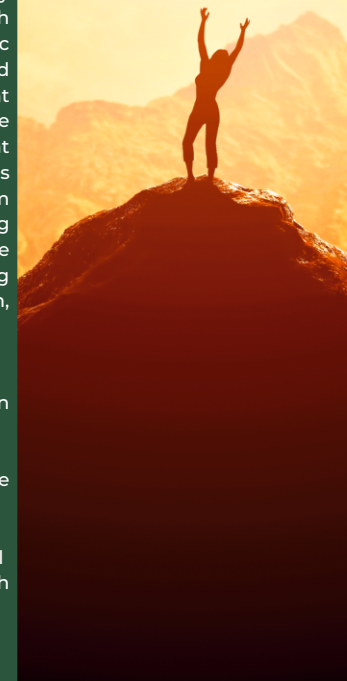
Guggulu has also supported the purification of body tissues and strengthened the immune system. Because of these effects, it addresses skin health issues caused by a deranged immune system and impure blood.

Guggulu enhances nearly all metabolic processes (Agnis) that create all bodily tissues (Dhatus). Thus, it is a suitable product for those who complain of urinary tract infections frequently. Sushruta Samhita, Shrangdhar Samhita, and other ancient Ayurvedic treatises recommended Guggulu to treat medoroga, a condition similar to atherosclerosis. Guggulu has been widely investigated by researchers across the globe for its Hypolipidaemic action and anti-inflammatory effect.

Synergized Guggulu Forte has been formulated by fortifying and synergizing Guggulu Extracts with Trikatu and Triphala. Trikatu is an ancient ayurvedic formulation containing Black Pepper, Dry Ginger, and Piper Longum in equal proportion. In the ancient ayurvedic formulation, it is used to enhance bioavailability. Besides this, it is used for the treatment of gastric and abdominal discomfort. Trikatu performs this action either by promoting rapid absorption from the gastrointestinal tract or by protecting the drug from being metabolized/oxidized in its first passage through the liver after being absorbed or by combining these two mechanisms. Triphala detoxifies the colon, thus help remove cholesterol.

## Benefits

- Helpful in acne, eczema, psoriasis and skin irritation.
- Helps normalize the thyroid hormone levels.
- Promotes healthy cholesterol and triglyceride levels.
- Helps promote weight loss and suppress appetite.
- Helps to maintain already healthy blood sugar level
- May help alleviate symptoms associated with osteoarthritis.





# SYNERGIZED GANODERMA FORTE

Supports Longevity\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Ganoderma ( <i>Ganoderma lucidum</i> ) fruit body extract [ st to 40 % polysaccharides]	<b>326mg</b>	†
Yastimadhu ( <i>Glycyrrhiza glabra</i> ) root (10:1)	<b>36mg</b>	†
Giloy ( <i>Tinospora cordifolia</i> ) satva	<b>28mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Synergized Ganoderma Forte is a unique formulation containing Polysaccharides rich Ganoderma extracts fortified with the Licorice extracts and Giloy satva.

Ganoderma, popularly called Reishi Mushroom, and other herbs of this composition boost immunity, help maintain healthy longevity and provide antioxidant support. Its principal ingredient, Ganoderma lucidum, yields miraculous health benefits. It contains 400 bioactive compounds, including triterpenoids, polysaccharides, nucleotides, sterols, fatty acids and proteins/peptides. These phytonutrients positively affect the body's vital organs.

Ganoderma has been considered a precious mushroom in Chinese health classics such as Shennong Ben Cao Jing and Xin Xiu Ben Cao. This literature described that it strengthens muscles and bones, prolongs life, reinforces the kidney, soothes the

nerves, and improves eyesight. Regular consumption of Ganoderma has been linked to a relaxed body. It mainly regulates human immune function by promoting macrophage phagocytosis and increasing NO (nitric oxide) production. In addition, it has a protective effect on macrophage injury induced by reactive oxygen species.

Free radicals and reactive oxygen species, produced as side-products of several metabolic processes, can seriously harm cells through oxidation processes. The long-term presence of free radicals and reactive oxygen species accelerates aging and numerous age-associated damage in the body. Some studies show that *G. lucidum* increases the activity of superoxide dismutase and catalase, enzymes involved in eliminating damaging reactive oxygen species. Therefore, reducing oxidative stress helps maintain already healthy blood pressure and cholesterol, triglycerides and blood glucose levels.

Further, Giloy satva and Licorice extracts work synergistically to improve these health benefits of Ganoderma. The administration of a combination of Giloy satva licorice and Ganoderma extracts to the elderly population during the winter season might be used as a natural strategy to reduce the duration and severity of respiratory tract infections. Further, Giloy satva and Licorice extracts work synergistically to improve these health benefits of Ganoderma.

## Benefits

- Helps boost Immunity
- Provides Antioxidant support
- Helps maintain already healthy blood pressure, cholesterol, triglycerides and blood glucose levels



## SYNERGIZED CORDYCEPS FORTE



### Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Cordyceps sinensis extract (10:1)	320mg	†
Giloy (Tinospora cordifolia) satva	36mg	†
Giloy (Tinospora cordifolia) stem extracts (10:1)	36mg	†
Sea buckthorn (Hippophae rhamnoides) leaf and fruit extract (10:1)	22mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Description

Synergized Cordyceps Forte is a synergistic formula containing Cordyceps extracts, Sea Buckthorn extracts and Giloy satva.

It may help the body fight fatigue and general debility. In addition, the herbs of this preparation boost immunity and help bolster stamina, mood, desire and passion.

The Chinese population consumes Cordyceps sinensis as nutritious food, probably due to essential amino acids, vitamins (B1, B2, B12, and K), and carbohydrates, among others in this mushroom. It is sweet in taste and neutral in nature. The benefits of Cordyceps have also been observed in

athletes due to energy improvement derived from the increment of the cellular ATP level, which releases energy in muscle cells. In addition, it enhances endurance and improves aerobic capacity. It also helps maintain already healthy blood pressure, cholesterol, triglycerides, and blood glucose levels. It helps us keep quiet and calm during a stressful situation.

It is believed that humans face difficulty initiating or sustaining voluntary activity due to mental and physical fatigue several times in life. Fatigue is a common symptom in sickness and in health. In addition, long-term accumulated fatigue can lead to karoshi (a Japanese word meaning death due to overwork). In China, cordyceps is used to restore health after various diseases and hasten recovery from exhaustion because of its adaptogenic properties and ability to enhance endurance and strength.

Cordyceps is a bidirectional modulator with potentiating and suppressive effects on the immune system by regulating innate and adaptive immunity. Immunostimulators restore the immune system to normal and reduce reoccurring and life-threatening infections. Immunosuppressive herbs control autoimmune disorders and inflammation when excessive tissue damage occurs and prevent transplant rejection after an organ transplant. These biological activities are correlated with the bioactive compounds present in Cordyceps including polysaccharides, nucleosides, sterols, flavonoids, cyclic peptides, phenolic, bioanthracenes, polyketides, and alkaloids.

Sea Buckthorn and Giloy satva may help improve resistance to infections and along with Cordyceps, may reduce unhealthy oxidative stress.

### Benefits

- May boost energy and exercise performance
- Anti-Aging properties
- Provides resistant to infections
- Helps Control fatigue and unhealthy stress
- Acts as an Immunomodulator
- Helps improve endurance and stamina



## SYNERGISED MUCUNA FORTE

Improves Mood\*  
Nurtures Desire\*

### Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving	% Daily Values	
Kawanch (Mucuna pruriens) seed extract (10:1)	<b>424mg</b>	†
Lavang (Syzygium aromaticum) clove extract (10:1)	<b>13mg</b>	†
Jaiphal ( Myristica fragrans) seed extract (10:1)	<b>13mg</b>	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

### Product Details

Mucuna Forte is matchless nutritional support for brain cells and helps enhance the emotional quotient of physically and emotionally weak persons. It balances 'Vata' and help the body fight 'Vata' disorders (neurological disorders) such as 'Kampa' (tremors), 'Stambha' (stiffness), 'Vishada' (depression), symptoms that bear clinical resemblance to Parkinson's disease(PD) and other illnesses caused by neurodegeneration.

Its active ingredient, Mucuna pruriens seed extracts, is a rich plant source of L-dopa (L-dihydroxyphenylalanine), a natural dopamine precursor in the brain. In Parkinson's, the content of the brain neurotransmitter known as dopamine gets reduced in the brain tissue due to degeneration of the cells that produce dopamine.

As L- dopa is the precursor of dopamine, it crosses the barrier and gets converted into dopamine resuming the neurotransmission.

Due to its antioxidant effect, Mucuna pruriens also scavenge free radicals known for damaging lipids, protein, DNA and ultimately, cells. The other phytochemicals, nicotine, available in small amounts in Mucuna pruriens seeds also help release dopamine in the brain.

Lavang and Jaiphal potentiate mood-enhancing properties of Mucuna. As a nervine and nutritive tonic, Mucuna forte is also a good choice for those requiring aphrodisiac action. In addition, it nourishes the body to combat these physical weaknesses. Mucuna forte is rich in protein, fiber, iron, potassium, vitamin C, A and B.

### Benefits

- Alleviates neurological disorders
- May Improve sexual health and libido.
- Can help boost energy and endurance.
- Helps to improve mood and overall health.
- Helps in fighting inflammation.



## KAMAYUR

Ignites Passion  
Supports Endurance



## Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving		% Daily Values
Kawanch ( <i>Mucuna pruriens</i> ) seed extract (10:1)	36mg	†
Gokshuru ( <i>Tribulus terrestris</i> ) seed extracts (10:1)	36mg	†
Bala ( <i>Sida cordifolia</i> ) seed extract (10:1)	36mg	†
Shatawari ( <i>Asparagus racemosus</i> ) root extract (10:1)	36mg	†
Beejband ( <i>Abutilon indicum</i> ) seed extract (10:1)	30mg	†
Grape ( <i>Vitis vinifera</i> ) seed extract [ std.to 90% polyphenols	36mg	†
Ginseng ( <i>Panax ginseng</i> ) root extracts (10:1)	30mg	†
Bridhara ( <i>Argyreia nervosa</i> ) seed extract (10:1)	24mg	†
Semalgonid ( <i>Bombax malabaricum</i> ) gum resin extract(10:1)	24mg	†
Ashwagandha ( <i>Withania somnifera</i> ) root extract (10:1)	24mg	†
Kulanjan ( <i>Alpinia galangal</i> ) root extract (10:1) root extract	12mg	†
Lavang ( <i>Syzygium aromaticum</i> ) root extract (10:1)	9mg	†
Jaiphal ( <i>Myristica fragrance</i> ) Nutmeg extract (10:1)	9mg	†
<b>Rejuvenating complex</b> (Extracts of Mace, Piper longum, Ginger, Black pepper, Cumini, Cardamom, Cinnamon, Ammomum subulatum, Apium leptophyllum, Plumbago zeylencia, Embelia ribes, Nut grass, Thymus serpyllum, Coriander and Cinnamomum tamala)	60mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Description

An estimated 30% adult men suffer from consistent inability to obtain or maintain an erection for satisfactory sexual relations. Studies have shown that high levels of lipids, blood pressure and blood glucose, oxidative stress, physical and mental stress, depression and poor gut health are the major cause of impotence in men. Ageing is a process characterized by a progressive decline in cellular function, organismal fitness and increased risk of age-related health problems including impotence. Ayurveda and TCM connect low sexual desire with a decline in Ojas, overall energy, poor mood, reduced mental performance.

Stress and anxiety may trigger an increased production of stress hormones and a lower testosterone level. Studies have predicted that dysregulation of the hypothalamic-pituitary-adrenal axis (HPA axis) is often at the root of low sexual vitality, diminished energy, stamina, strength, mood, immunity, and more.

Kamayur Capsule is a unique formulation prepared from restorative and invigorating herbs and spices that enhance mood, stamina, pleasure, performance, vigor, and drive. Adaptogenic herbs of Kamayur capsules, such as Ashwagandha, Mucuna, Ginseng, Bridhara, and Shatawari, reduce stress related adverse effects on the body. In addition, these herbs

balance the HPA axis and create conditions for natural glandular function and normal hormone production. The herbs of Kamayog protect cells from daily wear and tear and support immune function. These adaptogens also promote a feeling of wellbeing, a more stable mood and better cognitive functioning. Furthermore, adaptogens increase oxygen uptake, enhance blood flow, and support cardiovascular functioning, promoting stamina and physical performance. Anabolic herbs of Kamayur, such as Ginseng, Gokshuru Ashwagandha, Shatawari, Bridhara, Semalmoosli, and Beejband also help build muscle mass and promote healthy bones.

Testosterone is the primary androgen hormone produced in males. It exerts tissue-dependent effects such as masculinization, anabolism (tissue building), and sexual arousal.

The concentrated and standardized extracts of Panax Ginseng *Tribulus terrestris*, *Mucuna pruriens*, *Asparagus racemosus*, *Argyreia speciosa*, *Mombaxmalabaricum*, *Withaniasomnifera* in Kamayur improve testosterone levels. They also reduce SHBG's binding of free testosterone; you can turn the table and achieve a healthy erection once again.

Oxidative stress plays a significant role in various human health issues, including endocrine dysfunction, frequently interrupting sexual function. Antioxidants of Kamayur such as *Vitis vinifera* polyphenols, Ginseng, Cinnamon, *Mucuna pruriens*, and Ashwagandha, can delay or prevent oxidative stress and are widely used in the hope of maintaining the health of the endocrine system.

The intestinal system is a significant physical factor with many unexpected effects on our ability to respond and perform sexually. Studies have shown that about 80 to 90 percent of serotonin is produced in the gut. The rejuvenating herbs of Kamayur, such as Kulanjan, Nutmeg, Mace, Clove, Mace, Piper longum, Black Pepper, Ginger, Cardamom, Cinnamon, Ammomumsubulatum, Embeliaribes, Nutgrass, Thymus, Coriander and Tejpat helps improve the gut health, thereby providing increased relationship satisfaction and self-esteem in humans.

## Benefits

- Increases testosterone levels and helps improve libido and proper erection.
- Reduces SHBG's (sex hormone binding globulin) binding of free testosterone thus increases percentage of free (sex-arousing) testosterone
- Improve Semen Volume, Sperm count and Motility
- Inhibits the binding of DHT (dihydrotestosterone) to attachment sites on the prostate membrane thus can be used as a treatment for benign prostatic hyperplasia (enlargement of the prostate gland).
- Increases sexual energy, libido and desire.
- Protects semen from oxidative stress.



# DIGESOL

Manages Occasional Constipation,  
Flatulence & Acid Reflux\*



## Supplement Facts

Serving Size 1 vegetarian capsule

Serving per container 30

Amount Per Serving	% Daily Values	
Amaltas (Cassia fistula) pod pulp extract (10:1)	106mg	†
Harad (Terminalia chebula) fruit extract (10:1)	90mg	†
Nisoth (Operculina turpethum) root extract (10:1)	90mg	†
Bhringraj (Eclipta alba) whole herb extract (10:1)	14mg	†
Yastimadhu (Glycyrrhiza glabra) root (10:1)	15mg	†
Digestive complex (Extracts of Ginger, Clove, Black Pepper, Piper longum, Cumin, Fennel, Cinnamon, Ammomum subulatum, Celery, Plumbago zeylenica, Embelia ribes, Nut Grass, Thymus serpyllum, Coriander and Nutmeg)	60mg	†

† Daily Value not established

Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide

## Product Details

Digesol is a blend of unique herbs described in Ayurveda as best digestives, that help maintain the natural pH balance in the stomach and aids in digestion. The carefully chosen herbs act in a synergy to control acidity, gas and constipation. It helps control

indigestion, which is the root cause of almost all the diseases. Proper digestion leads to proper absorption of the nutrients in the body which in turn leads to stronger immunity, better energy levels and a healthier life. That is why, it is truly said if the eyes are the window to the soul, then the digestive system is the window to good health.

Digesol is a unique formulation for healthy bowel functions containing Amaltas pod pulp, Harada, Nisoth and carminative spices. These herbs and spices help the colon work for smooth evacuation, treating occasional constipation. Digesol may also relieve sporadic acid indigestion, winds and bloating. This mild and holistic blend promotes normal, adequate, and regular elimination.

## Ingredients Used

Amaltas (Cassia fistula pod pulp) extract expels the body's pitta and kapha. It is used as a mild laxative and relieves stomach problems such as acid reflux. In addition, it provides daily support, balanced digestion, and regular appetite.

Harada (Terminalia chebula fruit) is the best for 'Srotoshodhana' or purifying the body's channels. This Yogvahini herb help deliver the other herbs to the desired destination, absorbed quickly, thus acting on the digestive, absorptive, assimilative, and excretory processes. Thereby it improves all the dietary imbalances. In addition, it facilitates digestion by boosting the functioning of the stomach and intestine. Furthermore, it stimulates the liver and protects it further by expelling the excretory waste products from the intestine.

Nisoth also called Trivrat (Operculinaturpethum root), has long been used in India as a herbal purgative, i.e., a herb that hastens the bowels' active movement. In addition, it eliminates the toxins (i.e., vitiated Doshas) from the lower half of the body.

Carminative spices of Digesol works synergistically with the major ingredients of this formulation. They also reduce abdominal gasses and distension. They address digestive problems like indigestion, nausea, wind, colic and travel sickness. These digestive spices relax the gut as a whole.

## Benefits

- Promotes absorption, facilitates bowel evacuation and corrects digestive upsets.
- It is very helpful to improve appetite, digestion, overcome the symptoms of stomachache and heartburn.
- It helps in relieving symptoms of gastrointestinal discomfort such as bloating and gas.
- Detoxifies cells
- Promotes healthy hair and nail
- Helps to maintain healthy and infection free digestive system.



# MINDSOL

Supports Brain Health\*



## Supplement Facts

Serving Size 1 vegetarian capsule  
Serving per container 30

Amount Per Serving		% Daily Values
Sankhpushpi (Convolvulus pluricaulis) whole herb extract (10:1)	<b>288mg</b>	†
Mandukaparni (Centella asiatica) whole herb extract (10:1)	<b>60mg</b>	†
Brahmi (Bacopa monnieri) whole herb extract (10:1)	<b>46mg</b>	†
Healthy mind Synergy complex ( Extracts of Glycyrrhiza glabra, Tinospora cordifolia, Withania somnifera, Celastrus paniculata, Hippophae rhamnoides)	<b>66mg</b>	†
† Daily Value not established		
Other ingredients: vegetable cellulose (capsule), magnesium stearate, silicon dioxide		

## Product Description

Mindsol is a fast-acting preparation containing standardized extracts of Shankhapushpi, a most acknowledged Medhya (mind tonic) herb and other herbs Mandukaparni, Brahmi, Ashwagandha, Guduchi, Yastimadhu, and Seabuckthorn.

These herbs are reputed in Ayurveda for enhancing and coordinating all the three aspects of mind power: Dhi (learning), Driti (memory) and Smriti (recall). Other minor ingredients of this formulation act synergistically with Shankhapushpi and provide antioxidant support to mind.

Ashwagandha and Guduchi also help the body clear brain toxins that from performing a mental activity.

The ingredients of this preparation promote mental sparkle, memory, creativity, insight, perception and self-realization. This preparation energizes brain cells and helps the body cope with mental fatigue. It also helps the mind overcome memory distractions like short attention span, concentration loss, language, and learning factors. It is reported in Ayurvedic treaties that when a person consumes Shankhapushpi triturated with the herbs used in this preparation, he understands everything by hearing.

Sankhpushpi (Convolvulus pluricaulis): It improves mind-body coordination and is beneficial for the nervous system. In addition, it enhances the quality of nerve tissues (Majja Dhatu) and bone marrow.

Mandukaparni (Centella asiatica): It is used to retard the aging process and Madhya Rasayana (enhances mind power). Scientific research showed that Gotukola provides anti-aging effects to the skin by stimulating the synthesis of collagen.

Brahmi (Bacopa monnieri): It improves memory development, learning and concentration and relieves patients with anxiety, nervous system disorders such as epilepsy, neuralgia, mental illness, Alzheimer's disease and revitalizes the sensory organs.

Giloy (Tinospora Cordifolia): It nourishes the mind-body connection. It enhances psycho-neuro immune response (PNI) and aids in the delivery of nutrients from herbs and food by efficiently cleansing all channels of the body.

Ashwagandha (Withaniasomnifera): It is highly valued for its restorative action in the functioning of the nervous system. It corrects loss of memory arising out of long-term stress, illness and overwork.

Sea Buckthorn (Hippophaerhamnoides): Its phytonutrients exhibit antidepressant effects and are vital in brain functions and the central nervous system.

Yastimadhu (Glycyrrhiza glabra): It improves mental functioning in healthy elderly men and cognitively impaired diabetic patients. It helps people to remember random words or recall what they did at the weekend.

Malkanguni (Celastruspaniculatus): commonly known as Malkangni or Jyotishmati and as the name suggests, boosts intelligence. In addition, it has been in use from time immemorial to treat cognitive deficits in developmentally challenged children. It possesses neuro protective and antioxidant activities.

## Benefits

- May Help promote Intelligence
- Helps to Relieve fatigue
- Rejuvenates brain cells and feed Ojas (the principal factor for overall brain power)
- Promotes positive emotions and self-confidence
- May help maintain a healthy nervous system
- Provides antioxidant support to the mind



# BONAYUR



## Composition

### Each 500mg Veg Capsule Contains Extract (10:1)

Parwal Pishti (Coral calcium) 100 mg,  
Mukta Shukti Pishti (Pearl oyster shell) 100 mg,  
Hadjod (Cissus quadrangularis) 100 mg,  
Laksha (Laccifer lacca) 100 mg,  
Arjun (Terminalia arjuna) 50 mg,  
Moringa (Moringa oleifera) 50 mg

## Product Details

BonAyur is a blend of six authenticated, pure, genuine, extract-based herbs that acts as an Ayurvedic supplement to help overcome a variety of bone metabolic disorders associated with calcium deficiency. It helps to manage hypocalcemia and symptoms of calcium deficiency.

## USES OF CHOSEN HERBS

Parwal Pishti (Coral calcium): Imbued with pure calcium, Parwal pishti is the ultimate remedy for treating osteoporosis and other bone disorders. Helps overcome the metabolic disorders of calcium deficiency.

Mukta Shukti Pishti (Pearl oyster shell): Acts as an anti-inflammatory, antitussive, antioxidant, anti-arthritis and is a good source of calcium carbonate and conchiolin protein that works amazingly in calcium deficiency.

Hadjod (Cissus quadrangularis): Provides strength and aids in bone formation. It reduces the risk of fractures as well as muscle stress. Helps in restoration of broken bones, tendons and ligaments, increase bone mass and mineralization.

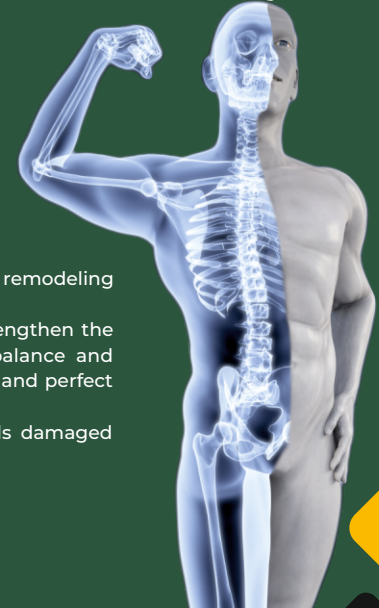
Laksha (Laccifer lacca): Very effective in fractures, osteophytes removal, osteoarthritis and various problems related to joints and calcium deficiency.

Arjun (Terminalia arjuna): Used as a heart tonic, it is very effective in cardiovascular disease, congestive heart failure.

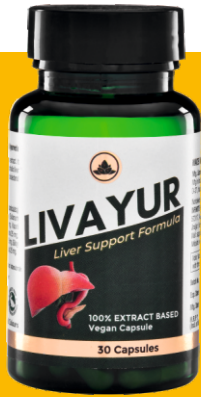
Moringa (Moringa oleifera): Rich source of calcium and phosphorous, which keep bones healthy and strong. Since moringa leaves have an anti-inflammatory nature, they help combat arthritis and may even heal bones that are damaged.

## Benefits

- Beneficial for natural growth and remodeling of bones.
- Reduces the risk of fracture, strengthen the bones, maintain overall body balance and provides the body with a strong and perfect skeletal structure.
- Helps combat arthritis and heals damaged bones.







# LIVAYUR



## Composition

### Each 500mg Veg Capsule Contains Extract (10:1)

Katuki (Picorrhiza kurrao) 50 mg,  
Kalmegh (Andrographis paniculata) 75 mg,  
Bhumi Amla (Phyllanthus niruri) 75 mg,  
Makoy (Solanum nigrum) 50 mg,  
Punarnava (Boerhavia diffusa) 50 mg,  
Kasni (Cichorium intybus) 50 mg,  
Sharpunkha (Tephrosia purpurea) 25 mg,  
Bhringraj (Eclipta alba) 50 mg,  
Neem (Azadirachta indica) 25 mg,  
Giloy (Tinospora cordifolia) 25 mg,  
Nagarmotha (Cyperus rotundus) 25 mg

## Product Description

LivAyur has been formulated with 100% medicinal herbs extract and is a highly effective formulation used in various types of liver health issues like fatty liver, alcoholic liver disease, enlarged liver, digestion-related issues, high cholesterol levels, etc.

It stimulates appetite, restores liver function and speeds up the recovery of hepatic cells.

LivAyur helps revitalize the liver.

## USES OF CHOSEN HERBS

Katuki(Picorrhizakurrao): Helps in detoxifying the liver and blood.

Kalmegh (Andrographis paniculate): The anti-inflammatory, immunostimulant, antioxidant and hepatoprotective properties helps in preventing the damage of liver cells caused by the free radicals.

Bhumi Amla (Phyllanthus niruri): Helps in the inflammation of the liver.

Makoy (Solanum nigrum): Maintains the functions of the liver and abdominal organs.

Punarnava (Boerhavaidiffusa): A great natural supplement that works towards maintenance of liver function and rejuvenates the chief functional cells of the liver which plays pivotal role in metabolism, detoxification and protein synthesis.

Kasni (Cichorium intybus): Is a liver tonic, it produces moderate temperament (Agni) in the liver and improves the function of the liver. It stimulates and protect liver from congestion and cirrhosis. It increases the flow of bile and bile production.

Sharpunkha (Tephrosia purpurea): Helps in the detoxification of the liver and also helps in the regeneration of new liver cells. It is also great for treating liver cirrhosis.

Bhringraj (Eclipta alba): Is good for healthy functioning of the liver. Liver being the main site of metabolism of the body, it is used to improve metabolism. It provides strength to liver and cure various liver disorders and promotes overall liver health. It helps reduce liver fibrosis and is used as a de obstruent to promote bile flow.

Neem (Azadirachta indica): Has strong hepatoprotective effect. It manages the chemically induced liver damage by stabilizing the level of serum maker enzyme and boosting the level of antioxidants thereby helpful in preventing hepatic damage.

Giloy (Tinospora cordifolia): Is a hepatoprotective herb, it prevents damage to the liver.

Nagarmotha (Cyperus rotundus): A detoxifying herb, it is used to treat digestive system disorders.

## Benefits

- Helpful in reducing inflammation of the liver and maintaining the proper function.
- Helps improve the bile flow, enhances bile production and excretion.
- Helps in detoxification of the liver.
- Helps in cellular lifespan by supporting healthy liver function, by nourishing, supporting and helping in overall protection of your liver.
- Helps prevent hangover & is helpful to get rid of symptoms like fatigue, dizziness, headache & nausea.



# KAYACARE



## Composition

### Each 500mg Veg Capsule Contains Extract (10:1)

Guggal (Commiphora muku) 100 mg,  
Trifla (Trifla) 100 mg,  
Mustak (Cyperus rotundus) 50 mg,  
Jeera (Cuminum cyminum) 100 mg,  
Garcinia (Garcinia cambogia) 25 mg,  
Chitrak (Plumbago zeylanica) 50 mg,  
Punarnava (Boerhavia diffusa) 50 mg,  
Black Pepper (Piper nigrum) 25 mg

## Product Details

KayaCare is a blend of 8 herbs that supports effective weight management by promoting the metabolism, flushing out the toxins, preventing accumulation of fat and inhibiting formation of new fatty tissues thus resulting in a Fitter and Healthier YOU.

## USES OF CHOSEN HERBS

Guggal (Commiphoramuku): Known for its anti-inflammatory and anti-oxidant properties, guggal promotes fat loss and suppresses appetite. It activates lipid metabolism and burns excess body fat.

Trifla (Triphala): Trifla (combination of amla, harada and bihara) aids digestion and supports bowel movement. The antioxidant properties increase fat burning and

boosts metabolism by helping you get rid of the toxins produced by your fat cells; thus, helps you lose weight. It prevents accumulation of fat – especially around your belly. Trifla helps you get rid of bloating.

Mustak (Cyperus rotundus): Being a good appetizer, it improves digestion, enhances stomach fire; hence helping in weight loss.

Jeera (Cuminum cyminum): Jeera stimulates fat burning process in the body. It improves appetite and acts as a carminative hence improves digestive fire and maintains body weight. It aids in secretion of enzymes which helps in breaking down sugars, fats and carbohydrates that keep the gut healthy which in turn improves the digestive system. Better digestion further helps in improving metabolic rate, leading to weight loss.

Garcinia (Garcinia Cambogia): It contains an ingredient called hydroxycitric acid (HCA), which aids in weight loss by boosting the fat-burning potential of the body. It also increases the endurance level during exercise and stop you from feeling exhausted too quickly.

Chitrak (Plumbago zeylanica): One of the powerful digestive herb known in Ayurveda, Chitrak ignites the digestive fire, supports healthy metabolism and remove natural toxins from the intestine. It supports proper function of the liver and healthy digestion of fat and sugars.

Punarnava (Boerhaviadiffusa): It has anti-obesity and antihyperlipidemic properties which helps reduce body weight, eliminates fat deposition on visceral organs. The presence of potent bioactive constituents prevents weight gain and reduces the bad cholesterol in the blood. Being a mild laxative, it washes out the excess unwanted fluids and harmful toxins from the body and maintains the body weight.

Black pepper (Piper nigrum): Black pepper helps inhibit the process of excessive fat accumulation in the body. It acts against adipogenesis (a process by which fat laden cells i.e., adipocytes, develop and accumulate) and also fights the formation of new fatty tissues by interfering with the genes responsible for this process. Black pepper also helps in secretion of hydrochloric acid in our body which aids in complete digestion and help burn more calories.

## Benefits

- Supports optimal weight management.
- Strengthens the digestive fire.
- Supports healthy metabolism and removes natural toxin from the intestines.
- Enhances endurance and help workout more.
- Helps in controlling formation of new fatty tissues.



# PILOSOL



## Composition

### Each 500mg Veg Capsule Contains Extract (10:1)

Nirgundi (*Vitex negundo*) 50 mg,  
Rasont (*Extractum berberis*) 100 mg,  
Kachnaar (*Bauhinia variegata*) 75 mg,  
Haritaki (*Terminalia chebula*) 50 mg,  
Sarun kand (Jimi Kand) (*Amorphophallus campanulatus*) 100 mg,  
Guggal (*Commiphora mukul*) 50 mg,  
Baheda (*Terminalia bellirica*) 50mg,  
Amla (*Phyllanthus emblica*) 25mg

## Product Description

PiloSol capsule is very effective in Fissures, An Itchy Anus, Fistula, Constipation, Bleeding Pile, Lump around Anus, Pain in the Rectum. PiloSol offers an overall solution for piles. The formulation is made in such a way that it aids in managing any stage of the piles and helps to overcome the associated symptoms naturally.

The ingredients used in the capsule are extract based, authenticated, pure and natural. The formulation works by eliminating toxins from the body, helps in digestion, provide strength to the nerves, improve blood circulation and provide multiple health benefits to an individual.

## USES OF CHOSEN HERBS

**Nirgundi (*Vitex negundo*):** Owing to its Vata balancing properties and astringent properties, Nirgundi helps manage piles, prevents constipation and reduces the symptoms of piles.

**Rasont (*Berberis aristata*):** Helps in reduction of pain, swelling and discomfort during defecation. It removes the toxin from the body; thereby improves the digestive system of the body.

**Kanchnar (*Bauhinia variegata*):** Because of its appetizer properties, the herb is helpful to improve the digestive fire; thereby, prevents constipation and helps to reduce the swelling of the piles mass.

**Haritaki (*Terminalia chebula*):** The anti-inflammatory properties reduce the swelling and further reduces the risk of infections. The herb is advantageous for any bowel related issues including indigestion, constipation, piles, abdominal discomfort, etc.

**SarunKand/Jimi Kand (*Dioscorea bulbifera*):** Helps improve the functioning of the digestive system.

**Guggal (*Commiphora wightii*):** One of the best-known anti-inflammatory herbs of Ayurveda, Guggulu or Guggal helps in healing the inflammation of fistula-in-ano.

**Baheda (*Terminalia bellirica*):** The digestive qualities of the herb facilitate in breaking down of food particles in the stomach and intestine, boosts the secretion of bile by the liver which in turn acts on persistent movement of the intestine and liver; thereby allowing smooth passage of faecal matter from large intestine. The laxative properties of Baheda gives soothing and lubricating effect on the gastroenteric tract and helps in easy expulsion of stool.

**Amla (*Phyllanthus emblica*):** Amla has high fiber content which works wonderfully for the digestive system. It's an effective cure for constipation. It acts as a gentle laxative and helps in digestion related problems.

## Benefits

- Helps with piles symptoms like swelling, pain and itching.
- Relieves constipation and helps to regularize bowel movements.
- Helps to maintain healthy digestive system.
- Supports overall health and wellbeing.



# IMMUNOSOL



## Composition

### Each 500mg Veg Capsule Contains Extract (10:1)

Ashwagandha (*Withania somnifera*) 50 mg,  
Amla (*Emblica officinalis*) 50 mg,  
Giloy (*Tinospora cordifolia*) 50 mg,  
Trifla (*Trifla*) 50 mg,  
Brahmi (*Bacopa monnieri*) 50 mg,  
Bala Beej (*Sida cordifolia*) 50 mg,  
Alfa-Alfa (*Medicago sativa*) 50 mg,  
Carrot (*Daucus carota* subsp. *sativus*) 25 mg,  
Wheat Grass (*Triticum aestivum*) 50 mg,  
Gokshura (*Tribulus terrestris*) 50 mg,  
Shatavari (*Asparagus racemosus*) 25 mg

## Product Details

The ImmunoSol capsule is an excellent Ayurvedic supplement for maintenance of general well-being and counter fatigue and weakness. It helps the body to meet the essential nutritional requirements. It also helps to boost the immunity and fight against various infections. It is very beneficial for growing children.

## USES OF CHOSEN HERBS

**Ashwagandha:** It is used as a nervine tonic and a natural nutrient for our body. It improves blood circulation and the absorption of nutrients in the cell.

**Amla:** A great source of Vitamin C, helps in improving the immune system naturally. It supports healthy digestion and expels out harmful toxins from the body and thus

helps in rejuvenation and maintains functioning of all organs.

**Bala Beej:** It is used as a body tonic to improve body strength. It is rich in adaptogenic and immunomodulatory properties and remove toxins from the body.

**Alfa-Alfa:** Rich in antioxidants, Vitamin C, K, copper, folate and magnesium. It also helps in regulating diabetes naturally by rejuvenating Beta Cells of the pancreas.

**Carrot:** Good source of beta carotene, potassium, antioxidants, fiber, calcium and Vitamin K1. It aids in lowering cholesterol level, improve eye health, boost immune system and strengthen the cardiac muscle.

**Wheatgrass:** Rich in enzymes that aids in good digestion as enzymes help your body to break down food and absorb nutrients. Rich in vitamins it helps tackle various issues such as anemia and poor nutrition.

**Giloy:** Is a natural immunity booster herb, acts as a Rasayana, removes toxin from the body and prevents the body from various infections and diseases and maintains overall health condition.

**Gokshur:** It has diuretic properties and thus helps flush out toxins from the body and boosts immunity because of its Rasayana action. The herb is rich in anti-oxidant properties, improves overall health and aids in digestion.

**Brahmi:** Is natural brain tonic improves concentration, enhances memory, rejuvenates body and mind, and quality of consciousness.

**Trifla:** Has anti-aging properties and is beneficial for hair growth and detoxification of the body.

**Shatavari:** Helps in reducing lipid accumulation which prevents the chances of heart attacks and promotes energy level in the body



# PAIN SOL



## Each 10 ml Contains Ingredients (extract 10:1)

Ashawgandha (Withania Somnifera) 50mg,  
Methi (Trigonella Foenum-graecum) 50mg,  
Ajwain (Trachospermum Ammi) 50mg,  
Punarnava Mool (Boeharvia Diffusa) 50mg,  
Kapoor (Cinnamomum Camphora) 50mg,  
Arandmool (Ricinus Communis) 50mg,  
Lahsoon (Allium Sativam) 25mg,  
Nimboo (Citrus Aurantifolia) 25mg,  
Adrak (Zingiber Officinale) 25mg,  
Jatamansi (Nardostachys Jatamansi) 50mg,  
Til Oil (Sesamum Indicum) 9.40 ml,  
Castor Oil (Ricinus Communis) 0.20 ml,  
Nilgiri Oil (Eucalyptus Oil) 0.15ml,  
Winter Green Oil (Gaultheria Procumbens) 0.15ml,  
Menthol Oil (Mentha X Piperita Oil) 0.10ml

## Product Description

PainSol Body Pain Relief Oil is a 100% herbal oil, enriched with 15 high quality herbs without using any steroids, chemicals, or preservatives. PainSol as the name suggest is a Solution for any kind of body pain like – Knee pain, Back pain, Sprain, Body aches, Sciatica pain, Muscular dystrophy. PainSol is also very useful in Sports injury, Varicose & Muscular pain.

PainSol is a perfect formula for general body massage for Rejuvenation. It is also very beneficial for Panchkarma treatment like Kati Vasti, Greevavasti, Janu Vasti, PatarPotli, and Abhyangam.

## Benefits

- Helps in relieving any kind of body pain.
- Helps in muscle Spasm and Cramps.
- Aids in healing sports injury, varicose and muscular pains.
- When massaged with PainSol, it helps alleviate stress, exhaustion and tension which in turn promotes a sense of well-being and relaxation.





## ULTRA PREMIUM NEEM



### INGREDIENTS

Neem Extract 10:1 – 425mg  
Neem Panchang – 75mg  
Excipients (QS)

### Product Details

Neem is a natural herb that comes from the neem tree, other names for which include *Azadirachta indica* and Indian lilac. It is a strong antioxidant, has antimicrobial effects, antiparasitic, antifungal, anti-diabetic and antiviral properties. It also aids in detoxification of blood.

### Benefits

- Acts as a blood purifier and removes toxins from the blood stream.
- Gives the face a healthy glow.
- It has many physiological effects like anti-fungal, anti-bacterial.
- It is beneficial for boosting the immune system
- It helps to regulate already healthy blood sugar level.
- Useful in treating and keeping dandruff at bay.
- Helps in fighting acne and lightening acne marks.
- Useful in aiding the treatment of certain dental disorders.



## ULTRA PREMIUM MORINGA



### INGREDIENTS

Moringa Extract (10:1) – 425mg  
Moringa Leaf – 75mg  
Excipients- (QS)

### Product Details

*Moringa oleifera* is a plant that often called the drumstick tree, the miracle tree, shigru. It is enriched with antioxidants, vitamins, essential proteins and minerals which help in maintaining overall health and wellness. It helps to protect us from free radicals and enhances immunity. Moringa helps to regulate blood sugar level and also supports a healthy cardiovascular system. Due to anti-inflammatory properties, it helps in relieving pain and inflammation in joints.

In classic Ayurvedic texts, moringa is called “sigrū”, which means “moves like an arrow,” alluding to the herb's ability to rapidly penetrate the tissues of the body to instigate deep cleansing and restoration.

### Benefits

- Helps in reducing pain and inflammation in joints.
- Beneficial for digestion and metabolism.
- It is helpful in skin infections and sores, reduces scars formation over skin.
- It is beneficial in protecting hair against free radicals and keeps hair clean and healthy.
- Improves immunity.

- It helps a person's body to absorb more iron, thus help in blood formation.
- Helps in regulating blood pressure and blood sugar level.
- Supports healthy functioning of liver and helps maintain cholesterol level.
- Helps to increase quality and quantity of sperm. It gives strength to male reproductive system.
- It helps in reducing asthma attacks and protect against bronchial constrictions
- Rich in calcium and magnesium, it helps improve strength of teeth and bones. It is also used in osteoporosis and various bone disorders.
- Helps to protect body against harmful effects of arsenic toxicity.
- It is thought to be helpful in treating depression, anxiety, and fatigue.
- Due to its antibacterial, antifungal, and antimicrobial properties it might fight against infections caused by Salmonella, Rhizopus, and E. coli.



## ULTRA PREMIUM WHEAT GRASS



### INGREDIENTS

Wheatgrass Extract (10:1) - 425mg  
 Wheatgrass - 75mg  
 Excipients - (QS)

### Product Details

Wheat grass is a kind of grass that contains chlorophyll, amino acids, vitamins, minerals, and enzymes. It is a rich source of Vitamin A, Vitamin C, Vitamin E, iron, calcium, magnesium and amino acid. It provides supplemental nutrition to have unique reliever properties. It is used for the production of RBCs.

### Benefits

- Acts as immune booster and takes care of general health.
- Helps effectively in urinary tract infection and respiratory tract infection.
- Helps Lowering the blood pressure.
- Helps in Heart disorders.
- It purifies blood and improve blood circulation.
- It can boost metabolism and helps in weight loss.
- It has Antioxidant, Antibacterial, and Anti-inflammatory properties.
- It boosts the function of immune system.
- Its nutrients aid in getting rid of impurities and stored toxins
- It helps in digestion.
- It has powerful combination of compounds which have many therapeutic benefits
- Help maintain healthy blood sugar level.
- Helps maintain healthy cholesterol level





## ULTRA PREMIUM SPIRULINA



### INGREDIENTS

100% Pure Organic Spirulina

### Product Details

Spirulina or *Arthrospira platensis* is a blue-green algae that became famous after it was successfully used by NASA as a dietary supplement for astronauts on space missions. Research shows that it can modulate immune functions and exhibits anti-inflammatory properties. It is also found that it has Hypolipidemic, Hypoglycemic, and Antihypertensive properties. Spirulina contains functional compounds, such as phenolics, phycocyanin and polysaccharides, with antioxidant, anti-inflammatory and immune-stimulating effects.

### Benefits

- With high Nutritional Value Spirulina helps in enhancing Energy and Stamina.
- Rich in Antioxidants, Protein, Vitamins and Minerals.
- Useful in Weight Management, Improving Stamina, Rejuvenating the Vital organs and Delaying Aging.
- Helps in increasing haemoglobin level and in prevention of anaemia.



## ULTRA PREMIUM TULSI



### INGREDIENTS

Tulsi Extract (10:1) - 425mg  
Panchang - 75mg  
Excipients - (QS)

### Product Details

Tulsi (*Ocimum sanctum*) is an adaptogenic herb, which helps your body adapt to stress. Tulsi contains several helpful compounds such as Eugenol (oil that helps relieve pain), Ursolic and Rosmarinic acid (antioxidant that have anti-inflammatory and anti-aging properties), Apigenin (helps remove toxins), Lutein (eye health), and Ocimumosides A and B (compound that reduces stress and balance serotonin and dopamine, hormones that regulate mood).

### Benefits

- Boosts Immunity.
- Helps in healing Infections.
- Helps in Purification of Blood.
- Helps during Insect Bites.
- Helps lower blood pressure.
- Helps in Maintaining Blood Sugar level.
- Helpful in respiratory disorders.
- Helps in improving digestion process.
- Helpful in joint pain.
- Helps in reducing stress levels.





## WHY CHOOSE IHS

- ◆ A future oriented company whose prime intention is to grow by “Serving the Society”.
- ◆ We at IHS strongly believe that Quality is the result of Intelligent effort thus we work hard and spend our maximum resources to assure that our consumers get only the best. We source the finest products from credible cultivators, producers, suppliers from India and Overseas.
- ◆ A brand which firmly believes that every individual deserves a better health. We offer a range of miraculous herbs in the most potent and premium quality yet keeping it within the reach, with the help of smart packaging.
- ◆ A brand with Zero tolerance on adulteration and quality compromise.
- ◆ A brand which does not believe in cheap cut-throat price competition with peers and understand that everyone has their own priorities.
- ◆ A brand for whom “Customer is the King”. We consider Customer’s feedback as the best form of advertisement and work hard to attain the same positively.



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